

This agreement among endpoints suggests that it is time for planning at an international level of the conditions and techniques that may be adopted generally to obtain standardized endpoints of rhythms in health and to check out these procedures in different laboratories around the world, with a view toward subsequent, broader-scale study of alterations of rhythm in various diseases³⁴.

Zusammenfassung. Circadiane Akrophasen – Gipfel der ungefähren 24-h-Periodik – von Blut- und Harnkortikosteroiden, Kalium im Harn, Körpertemperatur, Pulsrate und 2-min-Schätzung wurden mittels elektronischer Anpassung einer Kosinusfunktion vermöge der Methode der kleinsten Quadrate bestimmt. Solche Charakteristika circadianer Rhythmen empfehlen sich als Referenzstandarde dem Mediziner und Biologen durch ihre zufriedenstellende Übereinstimmung in Daten von Untersuchungen auf verschiedenen Kontinenten mit zum Teil unterschiedlichen Methoden.

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